

AMAANA'S

PULSE

AUGUST 2019



ALIGARH MEDICAL ALUMNI ASSOCIATION
OF NORTH AMERICA

4TH BIENNIAL REUNION, NIAGARA FALLS, NEW YORK

Who we are:

Aligarh Medical Alumni Association of North America (AMAANA) represents alumni of Jawaharlal Nehru Medical College (JNMC), Aligarh, India working in the United States and Canada. It was established during the golden jubilee year celebrations of JNMC for Educational, Scientific and Charitable purposes.

Membership:

AMAANA members comprise of Physicians and Research Scientists in various medical fields who earned their degrees from Jawaharlal Nehru Medical College (JNMC), Aligarh, India and are settled in North America.

Mission Statement:

Aligarh Medical Alumni Association of North America (AMAANA) is a not-for-profit medical organization, formed exclusively for educational, scientific and charitable purposes. Its mission is to promote the interests of JNMC by fostering a strong bond between the alumni and their alma mater and in the process contribute to the advancement of the medical profession, technology transfer and sharing of knowledge. The organization also provides a forum for JNMCites to discuss local issues pertaining to healthcare and the practice of Medicine in the United States and Canada.

Objectives:

- Integration with our alma mater for exchange and sharing of scientific knowledge and medical technology.
- Share experience and provide help and support to continuously improve quality of patient care at our alma mater.
- Seek ideas for career enhancement and counseling and improve quality of life for students and graduates of JNMC.
- Organize medical missions to India.
- Establish lifelong relationships with JNMC Faculty, Students and JNMCites all over the world
- Highlight the achievements of its alumni
- Provide alumni with rewarding opportunities to serve JNMC, its faculty and students
- Recognize outstanding physicians, scientists and academicians for their lifetime achievements
- Organize annual meetings for social interaction and providing Continuing Medical Education (CME)

AN EARLIER MESSAGE FROM THE HONORABLE VICE CHANCELLOR,

PROF. TARIQ MANSOOR.

HE WILL BE ADDRESSING THE AMAANA MEMBERS ON SATURDAY, AUG 17TH VIA
SKYPE AT 7:00 PM



ALIGARH MUSLIM UNIVERSITY
Aligarh - 202 002, U.P., India.

PROF. TARIQ MANSOOR
MS (Surgery), FICS
Vice-Chancellor

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03 August 2017

MESSAGE

1. It is heartening to know that on the occasion and as a part of the Reunion Annual Meet celebrations, AMAANA is publishing their Magazine.
2. It is pertinent to note that our alumni may be thousands of miles away from the University but they carry the name of Sir Syed Ahmad Khan and the ethos of the University in their hearts. This phenomenon is unique to the alumni of this institution. It gives us a sense of pride when we see our Alumni, who are spread in every nook and corner of the world, converge every year. This gesture shows their selfless love and respect for Sir Syed Ahmad Khan. Alumni of AMU have always stood for their alma mater as a pillar of strength and support and have always extended their support in the development and promotion of their alma mater, a fact which we in Aligarh deeply appreciate.
3. My compliments to the office bearers and members of AMAANA for the excellent job which they are doing.

Tariq Mansoor
(Prof. Tariq Mansoor) 3/8/17
Vice-Chancellor

LIFETIME MEMBERS OF AMAANA

ABDUL WASE	MIRZA MUZAFFAR ALI BEG
AFTAB HUSAIN	NAHEED RIZVI
ANANTHAKRISHNAN RAMANI	NAVDEEP KAUR CHHINA
ANUJA GUPTA	NUZHAT SHIKOH ZAIDI
ARVIND MODAWAL	PARUL MAHESHWARI
ASGHAR NAQVI	RABAB MOONIS KHAN
ASHRAF KHAN	RESHMA MAHMOOD ALI
ATHER NASEEMUDDIN	(Late) REZIUDDIN SIDDIQUI
AYAZ MEHMOOD KHAN	RUMANA MEHDI
AYESHA IQBAL	SADIA CHAGHTAI
DEEBA HUSAIN	SAJID SHAHUL
DIVYA DIXIT	SAMEER QAMAR
GAURAV GUPTA	SEEMA ADHAMI
HUMA ANSARI	SIRAJUDDIN KHAN
HUMA KAZMIE	SHAMIM KHAN
IMRANA ALI	SYED MOHSIN ALVI
INTAZAM KHAN	SYED RASHID HUSAIN
JAWED AZIZ	SYED WASIL ALI SABZPOSH
JAVED MOHIUDDIN	TARANNUM KHAN
JYOTSNA NAIR	TAZEEN BEG
KOHKAN SHAMSI	ZEBA ANSARI
MOHD. FARHAT BELAL	ZIAUDDIN KHAN

WE THANK OUR SPONSORS FOR THEIR SUPPORT

Abdul Wase, MD FACC FACF FHRS

Professor of Cardiology & Director of Fellowship Program at the
Wright State University Boonshoft School of Medicine in Dayton Ohio.

MESSAGE FROM THE DEAN AND PRINCIPAL, JNMC: PROF S C SHARMA



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JAWAHARLAL NEHRU MEDICAL COLLEGE & HOSPITAL
ALIGARH MUSLIM UNIVERSITY, ALIGARH - 202002 (U.P.), INDIA

Prof. S. C. Sharma
MS, DLO.
Principal & Chief Medical Superintendent

D. No. 387 /PO **Dated: 31 .07.2019**

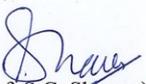


MESSAGE

It gives me immense pleasure to know that once again the Aligarh Medical Association of North America (AMAANA) is going to organise reunion meeting at Niagara Falls on 17th August 2019. AMAANA has become one of the assests of J.N. Medical College. Our alumni of J.N. Medical College, settled in US, have been collectively playing significant role in shaping our Medical College both financially and academically. The College is grateful to AMAANA for contributing in building college auditorium and in facilitating Aligs' Academic Enrichment Programme (AAEP). I hope AMAANA will continue to liaise with its alma mater JNMC as such.

I wish success for the reunion of AMAANA and regret not to participate in the event.

With best wishes


(Prof. S.C. Sharma)
Principal & CMS
Principal & C.M.S.
J.N. Medical College & Hospital
A.M.U., Aligarh

PRESIDENT'S MESSAGE

Dr Kohkan Shamsi

Dear Friends,

I am honored to have been given the privilege of serving as the President of AMAANA. I completed MBBS in 1979 and MD radiodiagnosis in 1983. I am blessed to have earned my degrees from JNMC, AMU and had the opportunity and privilege to learn from superb teachers. Our teachers inspired, informed and challenged our mind, opening alternative points of view, and helping us understand the big picture. I left AMU with a wider intellectual perspective and life time friends, and without a doubt, what I am today is because of AMU. I will be forever indebted to AMU for helping build the foundations of my character and basically chalked path of my life. The years have flown by, but like most of us, I never left AMU and there is a strong sense of belonging.



The role of AMAANA cannot be overemphasized as we are one-time students and life time ambassadors and well-wishers of our alma mater. While other universities continuously struggle to cultivate their brand loyalty, this “MaiN apne chaman ka bulbul hooN” conviction is unique to us and must be channeled and utilized for the benefit of JNMC.

There is potential for all alumni to contribute to JNMC in different ways and scales. Collecting funds for university is important but non-financial contributions like mentoring, acting as role model, dissemination of expertise, professional development guidance, enhancing JNMC image etc. have immense long-term impact both on our alma mater and students.

AMAANA's collective opinion can play a very important role in potential JNMC's projects and proposed solutions to the challenges and would be of high value to JNMC in achieving its vision and mission.

I am convinced that while having an engaged alumni network is beneficial to the institution, it is a 2-way street and the benefit to the alumni themselves should not be overlooked. AMAANA members can utilize this platform for cross discipline research, business collaborations, job opportunities and mentoring etc. Mentoring itself can be very rewarding.

Recognizing the importance and potential of Alumni networks, current Vice Chancellor, a JNMC alumni, **Professor Tariq Mansoor** has reiterated the importance of alumni associations/forums and has focused on providing transparent and dedicated alumni services. We must take advantage of this opportunity and closely interact and communicate with the VC and with **Professor Satish Chandra Sharma**, current JNMC's principal.

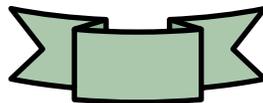
Success of any program depends on communication, communication and communication. We must strive for HOT (honest, open and two ways) communication and utilize all communications channels including social media. Continuous and open dialogue with fellow members will encourage reluctant and skeptical alumni to contribute and participate in JNMC's future programs.

I am proud to join dedicated, enthusiastic, and capable executive team that has a firm commitment that AMAANA must contribute towards the success of our alma mater. Of course, we cannot accomplish these goals in isolation and will reach out to you for your input and guidance. Your active participation is essential for our success. Let's join hands and give our unrestricted, unconditional and unwavering support to the endeavor of JNMC becoming number 1 medical college in India.

This year's biennial Alumni reunion will be held in Niagara Falls, NY on 17th of August 2019. It is my great pleasure to welcome you all to this fun filled event.

DID YOU KNOW?

The British conferred upon Sir Syed the KCSI Award making him the Knight Commander under the Order of the Star of India instituted by Queen Victoria. The motto of the Order is 'Heaven's light, our guide'



SECRETARY'S BIENNIAL REPORT

Dr. Sadia Chaghtai

It is my privilege to represent AMAANA and to share this progress report of our organization - what we have pursued and achieved over the past two years.

AMAANA's 3rd Reunion and General Body Meeting was held in Chicago (Illinois), on 12th August 2017. About 125 people attended, many came with their families and children. It was a grand affair, attended by alumni with lot of enthusiasm. The Chief Guest and keynote speaker for the event was our very own, prominent alum of JNMC and the Vice-Chancellor of AMU Prof.

Tariq Mansoor. Prof. Tariq Mansoor graduated from JNMC in 1978, and has also been a teacher/Professor and Principal and Superintendent of JNMC. He spoke via skype how JN Medical College had contributed to his life journey; he also spoke about the improvements he has brought to JNMC as a Principal and Superintendent and what is his future vision for the University and his Alma Mater. Prof. Tariq Mansoor was conferred with AMAANA's third "Jawaharlal Nehru Lifetime Achievement Award for Medicine, Public Health and Allied Sciences" for his achievements and contributions to JNMC. AMAANA also recognized notable academician Professor Vinay Kumar with Distinguished Service Award in recognition to his contributions to Medical Education and his inspiration to medical students across the globe including those at JNMC. The Reunion was also attended by renowned award winning singer Zeshan Bagewadi, who mesmerized the audience with his soulful and powerful performance. A lavish dinner followed the main event, everyone enjoyed each other's company and vowed to meet and stay in touch.

In 2019, AMAANA members voted to elect a new executive team under the Presidency of Dr. Kohkan Shamsi. The goal of the new team is to continue work on undergoing projects in JNMC, take on new initiatives, and to expand the membership and participation.

One of the key missions of AMAANA is to support the education and research conducted at JNMC, and to propagate the exchange of ideas and technologies between JNMC and its alumni. To promote this, AMAANA members have continued to visit and engage with JN Medical College. Many members have visited JNMC during past two years and engaged in lectures, presentations



and/or workshops in their respective field of practice:

October 2017: AMU Alumni, **Professor Ananthakrishnan Ramani** (Chief, Infectious Diseases and Microbiology, Columbia Memorial Hospital, New York) and **Dr. Syed Mohsin Alvi** (Harrington Memorial Hospital, Massachusetts) organized the AMAANA 3rd Research Day on “Survive Sepsis” at the Jawaharlal Nehru Medical College (JNMC). It was done in collaboration with the Aligarh Open University. Dr. Alvi also distributed cash prizes of US \$1000 to the winners of a poster- presentation competition scheduled for JNMC students. **Dr. Kohkan Shamsi** spoke on “Clinical Trials and Drug Discovery” at the Department of Pharmacology. Dr. Shamsi discussed various phases of clinical trials while providing students with clear understanding of Randomised Clinical Trials (RCTs) principles. He delineated on key issues to be considered while designing, conducting, analyzing and reporting, with a focus on major clinical trials influencing clinical practice. Dr. Shamsi also shared his experiences of clinical trials which were done for efficacy of drugs and diagnostic agents through medical imaging. He discussed perspectives of public sector research and the pharmaceutical industry. This lecture was organized in collaboration with Aligarh Open University.

December 2017: The meet on ‘Autism and other Developmental Disorders: A Clinical Approach’ was conducted by Aligs Academic Enrichment Program (AAEP) in collaboration with AMAANA. **Dr Jyotsna Nair** (Director, Psychiatric Program, Burrell Behavior Health, Missouri, USA) delivered the main lecture. **Dr Pratibha Shukla**, Associate Professor, New York University School of Medicine and Bellevue Hospital, New York delivered a lecture on "Advancement in Classification of Endometrial Carcinoma" which poses a great diagnostic dilemma for both clinicians and pathologist.

January 2018: **Prof. Ashraf Khan** participated in a symposium on “Advances in Oncologic Pathology – Role of Molecular Diagnosis in the Era of Personalized Medicine” organized by Dept. of Pathology, JN Medical College under the banner of AMAANA and Aligs Academic Enrichment Program (AAEP).

August 2018: **Dr. Huma Kazmie** organized a workshop for Nursing Staff of JNMC from funds raised at her class reunion.

September 2018: **Dr. Kohkan Shamsi** delivered a lecture on “Increasing role of Radiology in Clinical Trials”. This lecture was organized in collaboration with Aligarh Open University.

**JAWAHARLAL NEHRU LIFETIME ACHIEVEMENT AWARD FOR
EXCELLENCE IN MEDICINE, PUBLIC HEALTH AND ALLIED
SCIENCES, 2019 – DR SHAHID JAMEEL**

Dr Tazeen Beg

He is one of India's leading scientists, the CEO of an independent public charity, recipient of numerous science research awards, on the editorial board of scientific journals and books, well published in international journals, an IITian, and most important of all, a proud AMU alumnus who has kept the traditions alive.



Dr Shahid Jameel grew up in Aligarh, the son of Professors Jameela and Abdul Majid Siddiqui and the grandson of former Vice Chancellor, Prof Abdul Aleem. He did his undergraduate studies at AMU majoring in Chemistry and then Masters at the IIT, Kanpur. After completing his PhD in Biochemistry from Washington State University, he worked as a Postdoc in Microbiology and Immunology at the University of Colorado Health Sciences Center, Denver and later as an Assistant Professor of Medicine in Rheumatology.

In 1988, he returned to India and established a Virology Research Group at the International Center for Genetic Engineering and Biotechnology (ICGEB) and stayed there for the next 25 years spearheading extensive published research. His work on Hepatitis E and HIV viruses received grants from the prestigious National Institute of Health (NIH) in the US and The Wellcome Trust in UK. He headed the group which found that HIV-1 subtype C is the most common strain found in India and worked on the development of its vaccine, a project funded jointly by ICGEB and NIH. He has published over 130 peer-reviewed papers and has been elected as a Fellow to the three Science Academies – the Indian National Science Academy, the Indian Academy of Sciences and the National Academy of Sciences, India.

Dr Shahid Jameel has received several top honors in the realm of scientific research. The Biotechnology Career Fellowship of the Rockefeller Foundation,

USA in 1991, the B. M. Birla Science Prize in Biology in 1995, International Senior Research Fellow in Biomedical Sciences, The Wellcome Trust, UK are to name a few. The Council of Scientific and Industrial Research (CSIR) awarded him with the Shanti Swarup Bhatnagar Prize, in 2000. The Bhatnagar award is the highest award given to a scientist, under the age of 45 years, for research carried out in India.

Dr Jameel has been active in science policy and administration for the past 25 years and has served on various review and advisory committees of the Government of India, the World Health Organization (WHO) and other International institutions.

As a scientist himself, Dr Jameel is very enthusiastic about encouraging young people to conduct research in India. During his tenure at the ICGEB, he trained numerous PhD and undergraduate students and mentored post-doc fellows. He frequently writes articles on science and higher education. In an article published in the Indian Express, he wrote about bringing a change in the policies at various scientific labs and institutions to encourage young women to pursue careers in STEM areas, higher education and research, and to provide them with more informed mentors.

In 2013, he accepted the post of Chief Executive Officer at the Wellcome Trust (UK)/Department of Biotechnology India Alliance— a partnership public charity that funds research in health and biomedical sciences. Their mission is to create a 'culture of excellence and transparency in research funding' and prevent the 'brain drain'. Under his leadership the Alliance has brought about excellence in both its administrative processes, and its supported research. They have supported fellows to present and attend at Young Investigator Meetings and have hosted Science Communications and Career workshops to reach out to other institutions. An outreach program titled, 'Funding opportunities offered in biomedical research in India' was organized through his efforts at JNMC in April, 2016 which was well attended by residents, medical students and faculty. It helped provide an insight into the flexible and generous funding processes and procedures of The Wellcome Trust/DBT Alliance which would eventually help in nurturing excellent research comparable to international standards.

Dr Shahid Jameel is the Patron of Aligarh Open University (AOU) which was launched in Feb, 2017 under the aegis of the Federation of Aligarh Alumni Associations of North America, to supplement classroom learning at AMU with lectures provided by various alumni from all over the world. The AOU is an extension of the Aligarh Summer University Program, started in 2000, an initiative by alumni to share with students their experiences and expertise to 'enhance the academic experience of students'. This was the vision of Late Professor Asad Ahmed, an Emeritus Professor at the University of Alberta, Canada, and was successfully run for 14 years until his untimely death in 2014.

Dr Shahid Jameel was an elected member to the AMU Executive Council and continues to serve on the AMU Court. He has been honored as Keynote Speaker by AMU alumni associations all over the world. He was the Chief Guest at the 17th Annual Convention of the FAAA in the US, on July 13th, 2018 and spoke on the convention's theme 'Role of AMU Alumni in Nation Building'. Dr Jameel is a proud alumnus of AMU and is a perfect role model for young scientists and researchers. He frequently brings his scientific knowledge and expertise back to his *alma mater* and continues to encourage the students. He is always willing to lend his time and experience.



At the AOU inauguration with the AMU Pro VC



Speaking at the FAAA, July, 2018

Dr Jameel is a well-wisher of the Ismat Literacy and Handicrafts Center, an initiative of his mother, Prof Jameela Majid and the Ladies Club of AMU to educate and train girls from underprivileged homes and make them independent and self-sufficient . He is also the President of India Wisdom Foundation (IWF) which is an NGO founded by AMU alumni aiming to improve the educational and health standards of the impoverished sections of the society.

He recently became a Trustee of the Oxford Center for Islamic Studies at Oxford in the UK, the first scientist to hold such a post.

Dr Shahid Jameel loves to travel and enjoys reading history. He is also an avid amateur photographer and, in his own words, ‘a (very) erratic blogger’!



With the students at a SOCH inauguration of Literacy Center in the slums

SOUJANYA MADABHUSHI

Born into a family of erudite scholars and musicians, popularly known as "The Ajanta Family", Soujanya showed a keen interest and passion for music at a very tender age. She sang for All India Radio, Door Darshan, Zee TV, Star Plus, Gemini TV, and many such popular channels.

She was chosen among thousands of contestants from all over India to audition in person for the musical reality show "Meri Awaaz Suno". She then went on to be chosen as one of the top 12 contestants out of a couple hundreds who showed up in Mumbai for the show aired on StarPlus.



She presented several solo performances and participated in a number of programs along with many popular artistes like Smt . P. Suseela, Sri Mano, Srilekha, Sri Rama Krishna, Sri G.Anand, Sri BalaKrishna Prasad, Smt. Vani Jairam, Kumar Sanu, Mohit Chauhan and Hariharan.

She won the final series of Telugu Talent Show called "Paadutha Teeyaga" hosted by Sri. S.P. BalaSubrahmanyam on ETV. The "Ugadi Puraskar" by Vedic Seva Trust, "Smt. P. Suseela Mohan Rao Award" by Kalaaraadhana, and the "Gold Medal" by Tirupati Tirumala Devasthanams (TTD) are among the awards and achievements of her career. She has a number of audio releases to her credit.

She also produced and sang for two Telugu albums which were widely appreciated - 'Swaraala Kovala' (a devotional album) and 'Valapu Tene Paata' (an album of romantic melodies). Very recently her albums have been picked up by a popular Music Company called MahaGeetha. She sang for Telugu films titled "Slokam", "Julie", "Punya Bhoomi", Nelluri Pedda Reddy, Desam lo Dongalu Paddaaru etc.

She is a versatile artist and performs devotional, semi-classical, light music

and film songs with equal ease and panache. Her strength lies in her ability to connect to the audience through her soulful rendering of songs.

She participated in Zee TV's most popular musical reality show SaReGaMaPa Challenge 2008 - USA and was a semi finalist. She travels extensively all over the USA and abroad for her concerts.

More recently she sang for Annamayya Paataki Pattaabhishekam being aired on SVBC and MAA TV.

Be it a classic of Lataji or a naughty number by Asha ji or a fast paced peppy song by Sunidhi or a lilting melody by Shreya, Soujanya captivates the heart and soul of her audience through her amazing renditions!!

Music is not the only thing that she does with elan, she also has a strong academic background. She has a post graduate degree in Computer Science and another in Personnel Management. She currently works as a Sr Technology Manager in a reputed financial institution.



AMAANA members at the Chicago meeting waiting for the VC's address vis skype.

SECRETARY'S REPORT (CONT'D)

February 2019: Prof. Ashraf Khan conducted a two-day FRCPATH training workshop at Department of Pathology, in collaboration with Aligs Academic Enrichment Program (AAEP) and Aligarh Medical Alumni Association of North America (AMAANA). Dr Syed Hasan Rizvi, a JNMC alumnus and Head of Service/Clinical, Cellular Pathology, Barts Health, NHS Trust, London also joined the program as a resource person.

We invite all of you to give us feedback and support us in ways that would promote our organization's goals and help our Alma Mater. Thank you!



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**DISTINGUISHED ALUMNI AWARD RECIPIENT
MIRZA MUZAFFAR A BEG**

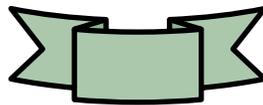
This year we have introduced another award for our distinguished alumni residing in the United States or Canada who are an integral part of our association. Our first recipient is someone who has been a constant source of inspiration to us but has always been behind the scenes. He has been instrumental in the formation of AMAANA and was the first alumnus to contribute to the funds for the Cardiac Cath Lab at JNMC.



Dr Mirza Muzaffar Ali Beg graduated from JNMC in 1968 as a member of the second batch at JNMC and then did postgraduation in Pharmacology, also at JNMC. He then moved to the United States to pursue residency in Family Medicine at Niagara Falls Medical Center upon completion of which he established his own Family Medicine practice in Lockport, NY. He has affiliation with several area hospitals including the eastern Niagara Hospital, formerly called the Lockport Memorial Hospital. He is a very popular physician in the Lockport area where he lives with his wife, Susan Beg who has successfully managed his practice for the past 40 years. He has three well accomplished children. The eldest son is an attorney in California, the middle child, a daughter, is a veterinarian practicing in Naples, Florida, and the youngest daughter is a hospitalist in Miami, Florida.

Dr Beg is very passionate about his alma mater and frequently attends the alumni events in different parts of the country. He is also very generous with his contributions towards education of the impoverished in the community both here and in India.

Dr Muzaffar Beg is also the Patron of our organization since its inception. He is very happy that the association is making strides in the right direction and will continue to support it in its mission in the future.



AMU Buildings... 2nd October 1962



Jawaharlal Nehru Medical College



Dr. Sir Ziauddin Ahmed



Prof. Syed Hadi Hasan

The Jawaharlal Nehru Medical College came into existence through the enthusiasm of Dr. Sir Ziauddin Ahmed but was completed under the leadership of Prof. Hadi Hasan and was declared open on **2nd October 1962**. It is ranked eight among medical colleges in India in 2017 by *India Today* and 15th by *Careers360* in 2017, 10th among government institutes.

Knowing Sir Syed and his mission...

1

Today in History... 21st May 1956



King Saud of Saudi Arabia



Dr. Zakir Husain



On **21st May 1956**, a delegation led by Dr. Zakir Husain visited Saudi Arabia and Shah Saud donated Rs. One million for the establishment of Medical College.

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Knowing Sir Syed and his mission...

1

Created by Kamran Ziauddin, an AMU alum.

MEMORIUM

Amaana mourns the recent passing away of our teachers to their heavenly abodes. May their souls rest in peace. Amen

Prof Ruquaiya Rizvi (OBGYN)

Prof S A Sadiq (Orthopedics)

Prof Firoza Hameed (Pathology)

Prof Mohd Tahseen (dermatology)

Prof K Nath (Ophthalmology)

Prof Abdul Quadir (Anesthesiology)

Prof Meher Aziz (Pathology)



Dr Reziuddin Siddique an AMAANA Lifetime Member passed away on Aug 9th in Dallas, Texas. He graduated from JNMC in 1972. After arriving in the US, he did residency in Internal Medicine from Wayne State University School of Medicine and was practicing in McKinney, Texas. One of his patients wrote on the website:

‘Dr Siddique is wonderful. He cares about his patients. He communicates well with nursing staff who take care of his patients. He educates staff and patients on their medical issues. He has also been known to treat people pro bono in the kindness of his heart.’ Suzanne Cookston in Hodgen, OK Jun 26th, 2019

May Allah swt give him the best place in Jannatul Firdaus, Ameen.

EXECUTIVE BOARD

PRESIDENT: DR KOHKAN SHAMSI

Kohkan Shamsi, MD, PhD, co-founder and principal of RadMD is a radiologist with > 25 years of clinical development experience for drugs and devices. RadMD LLC provides consulting, training, and independent imaging and clinical evaluation services to pharmaceutical, biotechnology, and medical device companies. RadMD sources clinical experts from its database of over 600 physicians for independent evaluation of clinical trial data.



Blinded Reader and Investigator Training Institute (BRITI) was established to provide CME-certified training courses on medical imaging in clinical trials for both on-site and offsite readers.

Before founding RadMD, he served as Head of Medical Development and Clinical Operations in Germany and USA at Schering AG and Bayer AG. He has submitted New Drug Approval dossiers in Europe, the USA and in Japan and was involved in approval of 7 contrast agents for CT, MRI and radiopharmaceuticals. He has conceptualized, coordinated, and executed >100 multi-center, international (Europe, the USA, South America, Asia and Australia) clinical trials (phase I – phase IV) in the areas of oncology, cardiology, neurology and MRI and CT contrast agents and radiopharmaceuticals. He has contributed towards development of guidelines for clinical development of contrast agents for the FDA and EMA, and the FDA draft imaging guidance for use of imaging in oncology trials. He has authored a book and chapters and published more than 90 full publications and abstracts in indexed journals. He is also part of industry initiative for standardization of imaging in clinical trials.

NOTE FROM THE EDITOR

Tazeen Beg

Most of the articles (pictures) here are written personally by the members themselves. I have compiled the article on our Lifetime Achievement Award recipient from various sources on the internet including the AMU website.

VICE PRESIDENT: DR. TAZEEN BEG

Tazeen Beg graduated from the Jawaharlal Nehru Medical College, Aligarh in 1991. After completing Residency in Anesthesiology at JNMC she immigrated to the United States to be with her husband Mirza Irfan A Beg and his family. She joined Stony Brook University Medical Center as a Resident in Anesthesiology and has stayed there since. Currently she divides her time between working as an Assistant Professor of Clinical Anesthesiology (no, they don't use the hammer anymore) and the Division Chief of NORA (Non-Operating Room Anesthesia), and being a mom to two beautiful daughters Tanya and Amber. Tazeen is one of the Founding Directors of AMAANA and is very passionate about the organization and her alma mater.



SECRETARY: DR SADIA CHAGHTAI

Sadia Chaghtai, is a graduate of J.N. Medical College and received her MBBS degree in 1996 and Diploma in Ophthalmology in 1998. Sadia is married to Shujaat, also a J.N. Medical College graduate and they reside with their family in Shrewsbury, Massachusetts. Sadia spent most of her life in Aligarh before moving to USA. During her student days, she was actively involved in General Education Center of the A.M.U. and the J.N. Medical College. Now, she is very involved in the Aligarh Alumni Association of New England (AAANE) and is a former President of AAANE and the current Secretary of the Federation of AMU associations in America. In her free time, she does a lot of volunteer and charity work for many organizations.



TREASURER : SYED MOHSIN ALVI

Dr. Syed Mohsin Alvi received his MBBS in 1996 from J.N. Medical College, AMU. He served as the General Secretary of the J.N. Medical College Society in 1994 and University Secretary for the Music Club in 1995. Dr. Alvi achieved his MBA in Medical Services Management from Johns Hopkins University School of Medicine and completed his residency in Internal Medicine at the University of Connecticut. He has experience of working in more than 20 large, small, urban and rural hospitals in North America. He has clinical and clinical trial investigation trainings from renowned hospitals like Johns Hopkins Hospital, Harvard Medical School and Tufts Medical Center. Dr Alvi is currently employed as an academic hospitalist for Harrington Memorial Hospital, Southbridge, Massachusetts with faculty appointment at University of Massachusetts Medical School as an Assistant Professor of Medicine. He teaches evidence based clinical decision making to medical students, residents, physician assistants, nurse practitioners



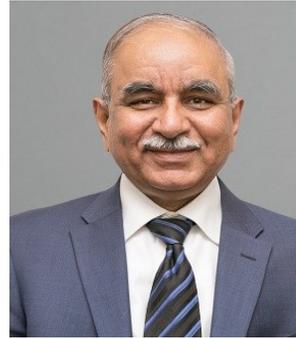
Dr. Alvi is a founding member of Society of Participatory Medicine and is member of North American Thrombosis Forum, Society of Hospital Medicine, Massachusetts Medical Society, Health Information and Management Systems Society, Institute of Healthcare Improvement, American Society of Addiction Medicine and other national and international healthcare organizations. He is passionate about clinical decision support systems/electronic medical records and serves in Medical Informatics/Computerized Provider Order Entry, Hospital Process and Medicine Performance Improvement Committees.

He is the founding President of a non-profit organization Medical and Social Services in Helping Asia, supports area non-profits and has been past President, Vice President and Treasurer of Aligarh Alumni Association of New England. He is the co-founder and chief medical officer of Mobrize, a health IT company. Dr. Alvi lives in Dover, MA and enjoys giving presentations on health care topics and listening to music. He likes biking, tennis, table tennis, swimming with his son Maaz, cooking with his wife and traveling.

IMMEDIATE PAST PRESIDENT: PROF. ABDUL WASE

SIR ZIAUDDIN DISTINGUISHED SERVICE AWARD RECIPIENT

Dr. Abdul Wase graduated from Jawaharlal Nehru Medical College, AMU Aligarh in 1979. He completed a year of Residency in general surgery and moved to USA while enrolled in post-graduate program in Surgery.



He is board certified in Internal Medicine, Cardiology and Clinical Cardiac Electrophysiology after completing the respective Residency and Fellowships. He has led the Electrophysiology Program as its Medical Director since 1994 and is now section chief of Electrophysiology at Good Samaritan/Dayton Heart and Vascular Hospital. He served as Clinical Instructor at University of Wisconsin, Milwaukee in 1994 and subsequently moved to Ohio where he is currently a Clinical Professor of Medicine since 1998.

Dr. Wase was appointed the Program Director, Cardiology Fellowship program at Wright State University in 1999. Under his leadership graduates from the Fellowship have gone on for advanced Fellowship training to many prestigious institutions such as Yale, Oschner clinic, Vanderbilt University and University of Pittsburgh.

For his distinguished career, he has received Lifetime Achievement Award by World Congress of Preventive and Clinical Cardiology in 2006 by the late President A.P.J. Abdul Kalam at the Rashtrapati Bhawan.

He has published multiple articles in peer-reviewed journals on various topics of arrhythmia and syncope and presented at national and international conferences. He continues to be active in Research and his areas of interest include Electronic Devices (Pacemakers and Defibrillators), Watchman and complex Ablation procedures. He is or has been a reviewer for Journal of American College of Cardiology, American Journal of Cardiology, Journal of Interventional Cardiac Electrophysiology and American Journal of Kidney diseases. He enjoys biking, reading and travelling. He is married and father of two daughters.

JOINT TREASURER: ANANTHAKRISHNAN RAMANI

Ananthakrishnan Ramani, MD, FACP, AAHIVS is the Chief of Infectious Diseases and Microbiology at Columbia Memorial Hospital, Hudson, NY. He graduated from J. N. Medical College, India in 1979. After completing his residency in Medicine, he joined Kasturba Medical College, Manipal, India. He was professor of Medicine, when he migrated to US. He completed an Internal Medicine residency and an Infectious Diseases Fellowship at Albany Medical Center, Albany, NY in 1997. Dr. Ramani has published and presented over 100 original articles in various fields of internal medicine and Infectious diseases. His special interests include antimicrobial resistance; hepatitis and HIV. As a Fellow of the American College of Physicians, Dr. Ramani is actively involved in the New York chapter. He serves as the Medical Director of Columbia County Department of Health and is chairman of the Tick Borne Diseases Task force in Columbia and Greene counties. Dr. Ramani serves as a trustee of the Potts Memorial Foundation which supports research on tuberculosis and other respiratory diseases. He is married to Dr. Rama Ramani, MD a research scientist in Albany, New York and they have 2 children.



JOINT SECRETARY: HUMA ANSARI

Dr Huma Ansari grew up in Aligarh and graduated from MBBS in 2005. Completed Psychiatry Residency from Mount Sinai School of Medicine (now Icahn School of Medicine) at Elmhurst Hospital Center, Queens, NY. Currently working as Medical Director at Psychiatric Emergency Screening Services (PESS) of Somerset County, NJ. Live in Green Brook, NJ with husband and two children ages 5 & 7.



Dr. Ansari graduated from JNMC in 2005. She

moved to US in 2005 after marriage. She initially volunteered in research at Weill Medical College at Cornell University in transplant nephrology and did a Clinical Psychiatry observership at Long Island Jewish Hospital in Queens NY. She graduated from Psychiatry residency in 2012 from Mount Sinai-Elmhurst, NY and was the Chief Resident during the last 2 yrs. of her residency. After residency, Dr. Ansari moved to Pennsylvania as part of her J1-waiver commitment and then moved to NJ to reunite with her family. Currently, Dr. Ansari lives in Green Brook, NJ with her husband Faraz Ahmad and two sons Zain (9) and Adam (8). She is currently appointed as Consultation Liaison Psychiatrist at Robert Wood Johnson University Hospital – Somerset and also has affiliation with Robert Wood Johnson Medical School - Rutgers University as voluntary clinical instructor.

Fun Fact: Dr. Ansari was part of *Bait bazi* team all the way from middle school to medical school.

CANADIAN LIAISON: HUMA KAZMIE

I am an adjunct Professor at the Schulich School of Medicine and Dentistry, Western University, Windsor Campus and Consultant in Windsor Regional Hospital. I have my own office Practice. My husband and I also manage VCare family and Pediatric walk in Clinic. I started Kazmie Healthy Eating and Lifestyle Program (K HELP) for weight management in Windsor.



I entered the majestic AMU campus and JNMC in 1984. During a nine year stay, I acquired knowledge of medicine, and life in general, in a very pleasant way. We developed cherished friendships for life which enrich us even today. I left Aligarh in 1993 with the joy of graduating with an MD in Pediatrics but sadness of leaving friends who were like family, and the campus, which was like a second home.

When I immigrated to Canada, I did a second residency in Pediatrics from

the Hospital for Sick Children, Toronto and an FRCPC in 2006. I became Diplomate American Board of Obesity Medicine in 2016.

Originally I belong to the beautiful and Nawabi city of Lucknow, UP, India. Currently I am in Windsor, Ontario, Canada and live with my husband Syed Wiquar Husain who is an Industrial Engineer and a proud AMU alumnus. He is also a Health Care Management Professional and manages walk-in clinics. I have three adorable children, two sons and a daughter, Alhumdulillah! JNMC and AMU are very dear to me. Special Thank you to AMAANA for bringing JNMC alumni together.

THANK YOU FOR YOUR SUPPORT

AMAANA would like to Thank Dr Intizam Khan for his continued support and for raising the maximum funds for the event this year!!

Dr Khan is a renowned Neurologist practicing in Astoria, New York. and a proud JNMC and AMU alum.



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EXECUTIVE COMMITTEE

RESHMA ALI MAHMOOD

Dr Reshma Ali Mahmood graduated from JNMC in 1984 , did residency in OB/GYN and was assistant professor in the same department till 1993. She then moved to the USA and did residency in Internal Medicine from UPMC/Shadyside Pittsburgh, Pennsylvania in 1998 and is currently employed as the Medical Director of Veteran Affairs Community based clinic on the beautiful central coast of California. 'Personally I have been blessed with two children (now Young adults) and two cats (Smokie, Max).



Participating in Alumni activities has been very fulfilling and I hope to be more active in the future ensuring that future alumni coming to the US get the support from us.

JYOTSNA NAIR

Dr Jyotsna Nair graduated from JNMC in 1982 after finishing MBBS. She then moved to the US and completed her Master of Science in Microbiology and Immunology at Ohio State University. After doing an externship in Psychiatry, Dr Nair then continued with a 5 year combined residency in General Psychiatry and fellowship in Child Psychiatry at the University of Missouri in Columbia. She is currently the Director of Psychiatry Services at CALO. She is well published in areas of Autism, Depression and PTSD. She has edited a book, Self Awareness in Psychiatric Diagnosis. She is excited to be nominated a member of AMAANA EC and hopes to share her expertise in developmental trauma and plans to set up clinical services at JNMC. She lectured on Autism at JNMC in Dec 2017.



SYED RASHID HUSAIN

Dr Rashid Husain graduated from JNMC in 1986 and then did his MD in Pediatrics, also at JNMC, in 1990. He then pursued an MRCPCH from UK. He later moved to the United States and did his residency from Weil Medical College at Cornell University. He is the President of valley Pediatrics Clinic in Mc Allen, Texas. He is a Clinical Assistant Professor at the University of Texas RGV School of Medicine.



He is a Lifetime member of AMAANA since its inception. He would like to see AMAANA membership expand and wants JNMCites from other parts of the country to be more involved.

ASGHAR H NAQVI

Dr Asghar Naqvi graduated from JNMC in the year 1997. He then pursued an FRCPC in Anatomic Pathology. He did his residency in Pathology at Mc Master University. He is currently working as an Associate Professor in the Department of Pathology and Molecular Medicine at Mc Master University in Hamilton, Ontario. Dr Naqvi is a Diplomate of the American Board of Pathology of both Cytology and Anatomic and Clinical Pathology. He has several publications and specializes in Pulmonary and Cytopathology. He is an Executive Committee member of Ontario Association of Pathologists.



Dr Naqvi is a Lifetime Member of AMAANA and is very enthusiastic about joining it as an Executive Member. He hopes to reach out to more JNMC alumni in Canada and elsewhere in the US and to bring them to the organization. He has been a very generous supporter of AMAANA's goals and mission.

GAURAV GUPTA

Gaurav K. Gupta, M.D., Ph.D. is a clinical fellow in Transfusion Medicine at Yale New Haven Hospital, Yale University School of Medicine. Prior to this, he did MBBS and MD at J. N. Medical College, AMU, Aligarh and subsequently received PhD training at the Creighton University, Omaha, NE, USA and postdoctoral fellowship training at Massachusetts General Hospital, Harvard Medical School. Dr. Gupta completed his residency training in pathology at Tufts Medical Center and a Hematopathology Fellowship at the National Cancer Institute, National Institutes of Health and is board certified in anatomical, clinical pathology and hematology (pathology). Dr. Gupta's clinical and research interests include hematological malignancies, cell therapy and therapeutic apheresis. He has published 28 peer reviewed papers and co-edited a book. Dr. Gupta serves as a reviewer and is also on editorial board of several journals. He has been actively involved with the Aligarh Alumni Association of New England (AAANE) and served as its EC member and vice president in the past. He has been on AMAANA EC and is an enthusiastic supporter of its mission.



AYESHA IQBAL

I am from 1999 batch JNMC. I completed my Pediatric Residency Training at Sinai Hospital of Baltimore/John's Hopkins Hospital Program followed by Neonatal Perinatal Medicine Fellowship at Baylor Scott & White Hospital/Texas A & M University. I lived in Boston for few years while working as a Pediatric Emergency Medicine Physician and Neonatal Hospitalist at Boston Children's Hospital. After which I moved to settle down in Dallas Fort worth area, Texas, enjoying a warmer weather here. I am currently working with the Medical City Children's Hospital Urgent Care group. I have been privileged to be part of AMAANA for almost 5 years now. And I am very proud of the hard work and contributions our organization puts in towards the progress of our community and our Alma mater.



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AMAANA
For Organizing 4th Reunion**

**It provides a wonderful opportunity to share our life experiences,
to reminisce and most importantly, to exchange ideas to support
our alma mater**

**“Coming together is a beginning,
keeping together is progress,
working together is success“
- Henry Ford**

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ASEEB UR REHMAN

I joined JNMC in 2003, and graduated in 2009, followed by a three year residency in Pathology. After completing MD pathology at JNMC in 2012, I worked as an Associate Professor of Pathology for a year, teaching medical students at Xavier University School of medicine in Aruba. Subsequently, I came to the USA and started a four year combined Anatomic and Clinical Pathology residency at Albany Medical Center in Albany, New York. It was during this time that I developed a keen interest in hematopathology, and molecular aspect of solid organs, specially lung and genitourinary system. I finished my residency in June 2017, and have served as the chief resident during third year of residency. I have worked on a number of projects looking into the molecular alteration in tumors of lung, skin, and urinary bladder, and was awarded “The young Resident Research Award” by the prestigious International Society of Urologic Pathology for my work on small cell carcinoma of the urinary bladder. I am currently pursuing fellowship in Hematopathology, and then headed to Houston Methodist, Texas Medical Center for a surgical Pathology Fellowship. Apart from work, I like to travel, meet new people and explore new cities. I like to stay active, enjoy running, playing table tennis and other racquet sports.



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DIABETES EDUCATION AND AWARENESS PROGRAM (DEAP): AN UPDATE

GHAZALA SHAMSI

D.E.A.P is a not for profit organization that provides hospital-based diabetes education to the patients who come to outpatient clinics. Our nutritionists and an educator sit in the outpatient clinic and support the doctors by educating patients about diet, exercise and lifestyle changes utilizing visual tools to help patients understand concepts of nutrition and portion size. DEAP collects data to monitor the outcome and impact of this education. We e-connect with patients following a consultation via regular follow-up phone calls, text messages or email.

DEAP started its first project at the Rajiv Gandhi Center for Diabetes and Endocrinology (RGCDE) at JN medical College (JNMC) of Aligarh Muslim University in May 2015. Since then, we have expanded our program to Obstetrics and Gynecology department of JNMC to focus on gestational diabetes. In addition, DEAP provides education and training in a private diabetes clinic in Aligarh (Dr. Jamal Ahmed).

Achievements:

2015

Diabetes Walk: A diabetes walk was organized on 16th May 2015 to raise the awareness of diabetes in the university and surrounding areas.

World diabetes day: on 14th of November 2015, a diabetes camp was organized at the Rajiv Gandhi Center for Diabetes and Endocrinology (RGCDE). Activities included lectures, a question/answer session, free blood glucose testing and HbA1C, patient poster painting competition, etc.

2016

Diabetes Camp: A diabetes camp was organized in upper fort, Aligarh on January 24th, 2016. Activities included free blood testing, free consultation by endocrinologists, gynecologists and a DEAP nutritionist and educator.

Audio-visual aid production: DEAP has produced short films and slide presentations for patient waiting rooms. DEAP also published pictorial booklets in English and Hindi for distribution to patients.

Second clinic: On January 2016 DEAP started another clinic-based program in a private clinic in Aligarh using the same model as RGCDE.

Lecture series: We conducted lectures about diabetes in high schools.

Lecture series: DEAP conducted a lecture series in Civil Hospital Aligarh for medical personnel, including doctors and nurses.

World Diabetes Day 2016: DEAP organized a Diabetes Awareness March with the school children along with diabetes awareness lectures providing information about the illness and its management through diet and exercise.

Data presentation: Data of successful impact of DEAP education was presented at Endocrine Society of India conference in New Delhi, October 2016.

2017

Second center in JNMC: Opened a second DEAP center in JNMC in the department of OB/GYN to focus on gestational diabetes.

Diabetes camp in Rampur in collaboration with IG Khan Foundation in Nov 2017.

World Diabetes Day: Diabetes camp in Dr. Jamal Ahmed Diabetes Clinic.

Clinical Study: Participated in a clinical study related to impact of antidiabetic medicine during Ramadan.

Tax Exemption: DEAP got 80G certificate that allows donors to take tax exemptions for their donations.

2018

Diabetes Pathshala: In Ishawariganj, Kanpur, April 2018 (<http://www.diabetesaware.in/events>).

Diabetes Camps: in Bulandshahar, Harduaganj and OB/gyn in May, October and November 2018

CME course for Diabetes: lecture on pumps

Lectures and group discussion: Multiple lectures in different educational forums

Data collection: In the last 4 years, we have trained more than 11,000 pts

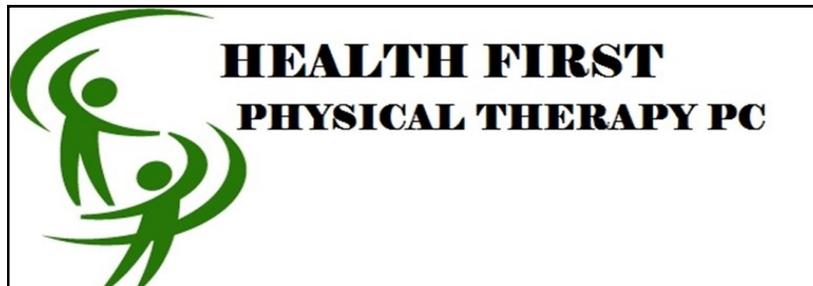
VISIT TO ALMA MATER– PROF ASHRAF KHAN

In January 2018 I participated in a symposium on “Advances in Oncologic Pathology – Role of Molecular Diagnosis in the Era of Personalized Medicine” organized by Dept. of Pathology, JN Medical College under the banner of AMAANA and Aligns Academic Enrichment Program (AAEP). The symposium was attended by medical students, postgraduates and faculty from various medical college departments and it also included a poster session on the symposium theme of cancer with around 30 posters on display. The three-symposium faculty judged the posters and selected top 3 posters for prizes. The half-day symposium inaugural ceremony was held in the JNMC auditorium with the AMU VC Prof Tariq Mansoor as chief guest and the JNMC Dean, Principal Prof. Satish C. Sharma as the patron and Dr. Sayeedul Hasan Arif as the Organizing President. The VC in his inaugural address talked about the valuable contribution of AMAANA in the completion of the auditorium by a very generous donation. The lunch after the symposium included delicious naan and nihari and seekh kebab among other things (the menu is the indicator of who the organizers are). The symposium was a great success, it was well advertised, thanks to the organizers with posters displayed across AMU campus including the main University entrance (Babe Syed). In addition to a 4-hour academic feast, a brochure was prepared and souvenir released at the inauguration.

Best Wishes From:

Dr. Nazia Sayed, PT, DPT

25-40 30th Rd, Ste A1 Astoria, NY 11102



DIABETES EDUCATION AND AWARENESS PROGRAM (DEAP): AN UPDATE (CONTD.)

and have been prospectively collecting and analyzing data of patients who have undergone DEAP's education program to assess the impact of education. We have analyzed data of >7000 patients. Our analysis shows that there is a significant impact of education as is seen by improvement in both fasting and PP blood sugar levels as well as HbA1c.

Summary of results:

Parameters	At the time of education	Follow-up after education
BSF* -% of patients with <110	29%	54%
PP** - % of patient with <150	51%	72%
HbA1C% of patient with <6 to 7%	20%	43%

*BSF: blood sugar fasting; **PP: post prandial

In addition to showing the positive impact on HbA1c, DEAP's education has improved quality of life and has given the patients the confidence to manage diabetes, as evident by several testimonials from our patients. (<http://www.diabetesaware.in/testimonials>).

Become a DEAP Champion.

In the last AMAANA meeting, I had reached out to you for your support. Your support as DEAP champions is needed for funding (friends and families, government resources and pharma companies).

Thank you for believing in DEAP!

ALIGARH JUNCTION

SYED MOHSIN ALVI

It was the summer of 1985 when I joined Mr. Syed Ashraf Ali, my father, in Aligarh who was posted there as a government officer. I was excited to finally have a chance to live with my family together with my brothers as I had been studying in middle school at Lucknow for three years and was living with my uncle and cousins. When the train arrived at Aligarh the first thing I remember asking my father as a kid was why it was called ALIGARH "JUNCTION" to which he replied that at this station two or more rail routes converge or diverge. Little did I know then that it will be the junction of my academic life.

Fast forward 32 years, ter this past month I planned to visit ALIGARH JUNCTION with my father, who is a strong 80 years old, to see the " mera chaman " with him and bring back memories of yesteryears. The occasion which made this possible was an alumni organized Jawaharlal Nehru Medical College Mega Reunion organized by alumni and Research Day organized by AMAANA with fellow alum Dr. Ananthkrishnan Ramani (Infectious Disease) and my lecture on survive sepsis through Aligarh Open University AOU (renamed Open Academic Program of AMU) in collaboration with AMAANA (Aligarh Medical Alumni Association of North America). This schedule was possible through the effort of Dr. Tariq Mansoor (Surgery) patron of AOU and current Vice Chancellor of AMU, Dr. Ashraf Khan (Pathology) Chair of AOU, Dr. Ziaur Rahman (Pharmacology) Coordinator AOU as well as AMAANA President Dr. Wase (Cardiology), AMAANA and AOU teams.

Coordination of Survive Sepsis Research Day was done by Dr. Chaghtai, Secretary of AMAANA with local JNMC coordinators Dr. Fazal-ur Rahman (Anatomy) and Dr. Fawad Khan (Blood Bank) helping with logistics. The historic Lecture Theatre (LT- 1) filled quickly by 9:30 AM with notable faculty presence in front rows [while I caught up with Ex Dean Retired Prof. Syed Abrar Hasan (ENT) and colleague Dr. Kamran Afzal (Pediatrics) sitting next to me] together with medical students and residents. As this was the first distance video conferencing effort by AOU at JNMC it turned out well with uninterrupted network transmission [much thanks to Dr. Tazeen Beg (Anesthesia) VP of AMAANA who had tested the system on her prior visit].

Dr. Ramani spoke in detail about sepsis definition, diagnosis and antibiotics stewardship from his home in New York at midnight (such dedication of an alumnus to their alma mater is to be proud of). My lecture reviewed the 2016 International Guidelines of Management of Sepsis and Septic Shock as well as hospital wide protocol development for early recognition and treatment of this deadly disease to decreased morbidity and mortality.

Noon was spent with a quick tour of Ibn Sina Academy of Medieval Medicine and Sciences by Dr. Ziaur Rahman and afternoon tea with his father Padma Shri Hakim Syed Zillur Rahman (Unani Medicine) who happened to be my father's friend as well. The afternoon poster session oral presentations were on varied topics by energetic eager looking medical students and residents who were judged and questioned by alumnus Dr. Aftab Husain (Urologist) from New Jersey and Dr. Tamkeen Khan (ObGyn). Together with results for poster content judged by Dr. Ashraf Khan and Dr. Ananathakrishnan Ramani the 1st, 2nd and 3rd Awardees were chosen and were invited to receive their prize money \$1000 sponsored by me to be given by Vice Chancellor Dr. Tariq Mansoor and Dean Dr. Satish Chandra Sharma (ENT) on stage next day at the JNMC Mega Reunion in presence of all alumni.

Next day at the JNMC Mega Reunion despite the mercury hitting 90 F my mood was elated after seeing the new state of the art JNMC auditorium (which AMAANA members helped build by raising \$60,000). There I met old retired medical school faculty who I cannot be thankful enough as by our teachers we are taught. I can see the visible pride on my father's face as he knew some of my teachers personally. I got to meet seniors and junior colleagues and classmates who were all glowing with happiness to reunite over breakfast and lunch with many selfies taken for memories to be shared by rest who unfortunately could not visit. The auditorium was graced by alumni, speeches, awards, slide shows, AMU Tarana and National Anthem of India with funny stories and remembrances by seniors. MC for this event was Dr. Tamkeen Khan and Dr. Shariq Aqil (Pediatrics).

ALIGARH JUNCTION (CONT'D)

The open air evening dinner and entertainment was at Paras Jyoti and Party Lawn with decorative lights and sofa sets on lush green grass. The mood was set with MC Dr. Zaidi (Ophthalmology) with various songs sung by talented senior doctors, classical ghazals by Dr. Manazir Hasan (Pathology) accompanied by Ustad Chishti on table and lavish dinner arrangement both vegetarian dhaaba style and authentic local meat cuisines with dessert variety which were well taken care by Dr. Mahboob Hasan (Pathology) and Dr. Afzal Anees (Surgery).

In my opinion the events were a great success under the leaderships of Dr. M.U Rabbani (Cardiology) and Dr. Raj K Rawal (Medicine). I give five stars to these events and recommend this Mega Reunion to all alumni without any reservation but to be done sooner, more often and with more alumni presence as it sure does refresh busy doctor's souls therapeutically.

My happy heart sang on stage "Jhuki jhuki si nazar" and "Yaad kiya dil ne kahan ho tum" till my next stop at the best station of my life called ALIGARH JUNCTION.



Dr Mohsin Alvi with his Dad, Mr Ashraf Alvi



Selfie at the Sepsis poster presentation

AMAANA SPONSORED EVENTS AT JNMC, ALIGARH



Dr Kohkan Shamsi at JNMC



VC Prof Tariq Mansoor presenting the poster award to a winner



Prof Ashraf Khan at the pathology Symposium



Dr Pratibha Shukla at JNMC



Dr Jyotsna Nair at JNMC

GLIMPSES FROM THE CHICAGO REUNION, AUG 2017



AMAANA members at the Chicago Meeting, Aug 2017



Skype address by Hon VC Prof Tariq Mansoor

GLIMPSES FROM THE CHICAGO REUNION, AUG 2017



GLIMPSES FROM CHICAGO REUNION, AUG 2017



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GLIMPSES FROM CHICAGO REUNION, AUG 2017



AMAANA BIENNIAL MEETING PROGRAM

AUGUST 17TH, 2019

- 12 Noon *Maid of the Mist Boat ride*
- 5:30 pm *Registration and Hors D'oeuvre*
- 6:15 pm *Recitation from the Holy Quran*
- 6:20 pm *Introduction of the New Executive Team-*
Dr Abdul Wase
- 6:25 pm *Welcome address by the President-*
Dr Kohkan Shamsi
- 6:30 pm *State of the Organization by Secretary-*
Dr. Sadia Chaghtai
- 6:35 pm *State of the Finances and Budget-*
Dr Mahsin Alvi
- 6:40 pm *Awards Presentation*
- 7:00 pm *Address by the Chief Guest- Prof Imran Ghani*
Dept of Pediatric Surgery, JNMC

- 7:10 pm Address (via Skype) by the Hon. Vice Chancellor-
Prof. Tariq Mansoor
- 7:30 pm Introduction of the 'Jawaharlal Nehru Lifetime
Achievement Award for Excellence in Medicine,
Public Health and Allied Sciences' Recipient-
Prof. Abdul Wase
- 7:35 pm Address via Skype by Dr Shahid Jameel
CEO, Wellcome Trust DBT India Alliance
- 7:55 pm Alumni Picture Session
- 8:00 pm Self-introduction by AMAANA members
- 8:10 pm Tarana and National Anthem
- 8:15 pm Dinner
- 9:00pm Musical Evening by Ms Soujanya Madabhushi
renowned vocalist and singer
Introduction by Dr. Syed Mohsin Alvi
- 11:00pm Closing remarks

*Master of Ceremonies: Dr. Huma Ansari and Dr Tazeen Beg

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AMU TARANA

Ye mera chaman, hai mera chaman, main apne chaman ka Bulbul huñ
Sarshaar-e-nigaah-e-nargis huñ, paabasta-e-gesoo-e Sumbul huñ
Ye mera chaman, ye mera chaman,
Ye mera chaman hai mera chaman, main apne chaman ka bulbul huñ!

Jo taaq-e-haram mein roshan hai woh shama yahan bhi jalti hai,
Iss dasht ke goshey goshey se ik jooy-e-hayat ubalti hai
Ye dasht-e-junuñ deewanoñ ka, ye bazm-e-wafaa parwanoñ ki
Ye shehr-e-tarab roomanoñ ka, ye khuld-e-bareeñ armaanoñ ki
Fitrat ne sikhayee hai humko uftaad yahañ parwaaz yahañ
Gaaye haiñ wafaa ke geet yahañ, chheda hai junuñ ka saaz yahañ
Ye mera chaman hai mera chaman, main apne chaman ka Bulbul huñ!

Iss bazm mein tegheñ khiñchiñ hain, is bazm mein saaḡar todey haiñ
Iss bazm mein aankh bichhaayee hai, iss bazm mein dil tak jodey haiñ
Har sham hai shaam-e-Misr yahañ, har shab hai shab-e Shiraz yahañ
Hai saarey jahañ ka soz yahañ aur saarey jahañ ka saaz yahañ
Zarraat ka bosa lene ko sau baar jhuka aakaash yahañ
Khud aankh se hamne dekhi hai baatil ki shikast-e-faash yahañ
Ye mera chaman hai mera chaman, main apne chaman ka bulbul huñ!

Jo abr yahañ se utthega, wo sarey jahañ par barsega
Har jooy-e-rawaañ par barsega, har koh-e-garañ par barsega
Har sarw-o-saman par barsega, har dasht-o-daman par barsega
Khud apne chaman par barsega, gairoñ ke chaman par barsega
Har shahr-e-tarab par garjega, har qasr-e-tarab par kadkega
Ye abr hamesha barsa hai, ye abr hamesha barsega
Ye abr hamesha barsa hai, ye abr hamesha barsega
Ye abr hamesha barsa hai, ye abr hamesha barsega
Barsega, barsega, barsega!

-Majaz

OUR MISSION

TO PROMOTE THE INTERESTS OF JNMC BY FOSTERING A STRONG BOND BETWEEN THE ALUMNI AND THEIR ALMA MATER, AND IN THE PROCESS, CONTRIBUTE TO THE ADVANCEMENT OF THE MEDICAL PROFESSION AND TECHNOLOGY AND SHARING OF KNOWLEDGE AND IDEAS.



AMAANA

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